

East Renfrewshire GoodCauses(ERGC) Achievements Yr 9

First 6 Months Yr 9 Oct 15 – Mar 2016

A thanks, to all friends/supporters who helped us, Love our neighbours. Anyone wishing to join or help ERGoodCauses, can do so by contacting Russell via the following www.ergoodcauses.co.uk or info@ergoodcauses.co.uk or 0141 639 8230.

East Renfrewshire Good Causes - ERGoodCauses	First 6 months Yr 9 Oct 15 - End Mar 2016	Running Totals after 8.5 Years Mar 2016
Goods/Service Given Out	£ 20,164 (20,643)	£255,982.00
Individual beneficiaries	85 helped	1466 people helped

Above £'s figures are cash spent on “goods & services” - does not include the £ value of supplier discounts, donated time/materials etc. - often double+ the £ spend noted above.

Mar 16 – Bunk beds - family with 3 kids who are currently sharing a double bed – one of the kids has Downs Syndrome and additional special needs – for both safety and comfort (60% ERGC)

Mar 16 – Combined with Maxwell Mearns Castle Church Christian Fund to purchase Specialised discs – for a group of parents to produce “self-help” books to improve the skills of their kids who have all got varying degrees of communication difficulties – all attend Isobel Mair School (66%)

Mar 16 – “Gluten Free” cookery lessons for a mother with several kids and a hard working carer /husband – had to go “Gluten Free” due to diagnosed medical condition (50% ERGoodCauses)

Mar 16 – “Steam Generator Iron” - does not require temperature setting – goes from coarse fibre to fine silk automatically – helps a visually impaired adult iron without burning clothes (41%ERGC)

Mar 16 – Carpets and flooring for a young adult who is helping themselves by successfully gaining qualifications to become a professional worker – brought up in state care (50% ERGoodCauses)

Mar 16 – Paint/décor materials for use by a supervised team doing their community service – decorate a flat for a long stay hospital discharge patient with learning difficulties (100% ERGC)

Mar 16 – To help the Carer, we provided 10 hours-worth of household cleaning - by KMT cleaning service to a household where the family care for a teenager - non-verbal autistic (100%ERGC)

Mar 16 – A Braille machine to use at home for a blind adult who requires the machine to print out labels for tins of food to boost their independence, amongst many other uses (70% ERGC)

Mar 16 – Paid the insurance excess for a widowed pensioner after an attempted break in whilst staying with family over Christmas time caused damage beyond repair, to the patio doors (100%)

Mar 16 – I-pad with specialist software - helps a non-verbal autistic teenager communicate, lowers frustration level and makes it easier for the dedicated parents to provide care (50% ERGCauses)

Mar 16 – Outdoor clothing for a couple of primary age kids to ensure they were not excluded on the grounds of poverty – family has very low income through difficult circumstances (100%)

Mar 16 – Materials to encourage “looked after children & young people aged 12-25” where East Renfrewshire Council are the “Corporate Parent” – these kids have little/no family support (100%)

Feb 16 – Telephone with built in amplifier for use by an early 80's wife who is “hard of hearing” – she looks after her husband who is “bed bound” – phone improves the Carers confidence (100%)

Feb 16 – “Pony trekking lessons” for a young teenager with Asperger's – attempt to build self confidence in social setting - interaction with ponies helps some sufferers do this (50% ERGC)

Feb 16 – House clean to facilitate Care Home Discharge for an adult who was hospitalised through self-neglect due to mental health issues – encouraging a healthy and fresh start (100%)

Feb 16 – Basic entry level cooker for a family where dad has overcome addiction and returned to employment – no cooking facility for kids after existing one broken - and first pay not in yet (100%)

Feb 16 – Specialist coloured glasses - primary school age child - diagnosis of Mears-Irlen – results in characters/numbers moving around on the page – single parent with disability (50% ERGC)

Feb 16 – Working in partnership with Eastwood Rotary Club, Cartsbridge Evangelical Church - Silicone base Wig made with real hair for a late teenage female with a diagnosis of Asperger's, and in addition, is completely bald through alopecia – devastating confidence (23% ERGCauses)

Feb 16 – Contribution towards the cost of removing the existing bath, replacing with a wet floor shower area to help the parents care for their registered blind autistic child (10% ERGoodCauses)

Jan 16 – Provide a decorating service for a pensioner with learning difficulties who lives in a small bedsit/flat independently but couldn't afford the full cost of redecorating (50% ERGoodCauses)

Jan 16 – A PAT certified X-Box 3 & games for a disabled, ex services single parent, 2 kids, who is undergoing “chemo type” treatment - slow down underlying health condition (0% as donated to us)

Jan 16 – To help the Carer, we provided 10 hours-worth of household cleaning - by KMT cleaning service to a household where the family care for a school age child - incontinent autistic (100%)

Jan 16 – Lightweight computer for a housebound wheelchair dependant parent with multiple sclerosis who is unable to hold a normal computer due to weakness caused by MS (90% ERGC)

Jan 16 – A purpose built Trike, built by Theraplay for a primary school age child with multiple disabilities – quadriplegic, visually impaired, fed by gastrostomy peg (58% ERGoodCauses)

Jan 16 – Wet Floor Shower area for a pensioner Carer who suffered a stroke, leaving them paralysed down on side of their body – couldn't get legs into bath to access shower ((12% ERGC)

Jan 16 – Short term Taxi support for a secondary school pupil – one parent had driving licence suspended after epileptic episode, whilst other parent broke ankle at work (50% ERGCauses)

Jan 16 – Trampoline to try and burn off excess energy for a primary school age child who suffers from attention deficit and hyperactivity dis order – make it easier for the single parent dad (100%)

Dec 15 – Combined with parents to provide a bike to help in rehabilitation of teenager - after they suffered a viral infection that caused almost identical symptoms as an adult having a stroke (50%)

Dec 15 – Speech operated/controlled microwave oven for a registered blind pensioner living independently within the community – allowing cooking without needing home carers – funded it in partnership with Eastwood Rotary Club and the client themselves so a nil spend (0% ERGC)

Dec 15 – Basic television for each of 4 refugee families being housed within East Renfrewshire as part of the National Government policy of helping refugee families from the current Syrian crisis.

Dec 15 – Basic fridge/freezer to help a single parent set up home after successfully overcoming long term drug addiction – hoping to bring child back out of residential care into stable home (50%)

Dec 15 – Transport and internet connection to try and prevent an adult with mental health issues becoming socially isolated - trying to set up independent tenancy for the first time (50% ERGC)

Dec 15 – New raised bed and large handled cutlery – a teenager was left with severe weakness after being hospitalised with mystery viral infection – not enough muscle power to cut food (100%)

Nov 15 – Music tuition for a socially isolated autistic adult with communication difficulties who lives in the family home, which also houses a sibling with a “life changing” head injury after a car accident – in partnership with ER Carers centre to help prevent Carer breakdown (50% ERGC)

Nov 15 – Beds, bedding, baby monitors etc. to help create a stable new home environment for a new mum - been in and out of psychiatric hospital due to mental health issues (50%ERGCauses)

Nov 15 – Level out, lay slabs and turf a back garden to allow a young teenager with Cerebral Palsy to safely access an exercise area to prevent them being wheelchair dependant (37%ERGC)

Nov 15 – Bike under 10 years of age – lives with single parent who suffering from depression and is in relative poverty after recently paying for the funeral of another younger sibling (100% ERGC)

Nov 15 – Recreation activities for a young adult Carer to relieve the stress caused as a result of a parents brain haemorrhage resulting in parent being non-verbal and requiring ventilator most of the day – In partnership with ER Carers Centre to try and avoid Carer breakdown (50%ERGC)

Nov 15 – Two “baby gates” and a safety pack (cupboard locks, corner guards etc.) for a single parent who is on maternity leave from her job, but living on a very low income (100% ERGCauses)

Nov 15 - New carpet for the volunteer base where the Neilston & Uplawmoor First Responders Service operates from – run in partnership with the National Health Service (50% ERGoodCauses)

Nov 15 – Decorate living room/hallway - single parent with 2 children – parent has managed to overcome long term substance misuse issues & turning the family prospects around (66% ERGC)

Nov 15 – Burglar alarm fitted - family with a severely disabled child - complex disabilities, including non-verbal autism – after house break in through downstairs child’s bedroom (100%ERGCauses)

Nov 15 – House clean to enable a wheelchair dependant, mid 40’s adult with learning difficulties to take over the tenancy, after the death of their parent – allowing independent living (100%ERGC)

Nov 15 – Ceiling mounted punch bag – for use by a primary school age child with ASD - try directing the excessive energy in a non-problematic way – lives with single parent & other siblings (100%)

Nov 15 – Garden shed, tools and training by specialist - encourage autistic child to pursue their fascination with gardening - it helps provide respite - a safe place to be outdoors (50%ERGCause)

Oct 15 – Worked with client and Jewish Care to replace old boiler - adult with learning difficulties who lives independently with a support package within the community (35% ERGoodCauses)

Oct 15 – Thomas the tank engine toddler bed – parent and child setting up new tenancy after time in temporary homeless unit – due to fleeing domestic abuse – ER Domestic Abuse Project (100%)

Oct 15 – 10 hours of domestic cleaning to help a Carer – teenage child with complex disabilities including autism, visually impaired, no sense of danger – very demanding on Carer (80% ERGC)

Oct 15 – Specialist, coloured lenses for a youngster with Irlen Syndrome (brain disorder causing symptoms similar to severe dyslexia) – grandparent given up paid job to help support (100%)

Oct 15 – A basic entry level fridge – single parent with 2 young kids – the parent has been engaging with addiction services to overcome long standing drug addiction (50% ERGoodCauses)

Oct 15 – Light Goods Vehicle training course for a young adult with a learning difficulty that causes disadvantage in the career/workplace – improve employability & life chances (23% ERGCauses)

Oct 15 – Breakfast cereal, bread, milk etc. to support the great work of some local teachers who run a breakfast club on a voluntary basis, for the benefit of some of their pupils (100% ERGC)

Oct 15 – Window blinds for children’s bedroom & flat - for a single parent who has overcome substance misuse addiction, resulting in child being returned to the parent/new tenancy (100%)

Oct 15 – Raw materials – beads/chains etc. - for a group of adults with disabilities - from 2 local resource centres – make jewellery to sell as a social enterprise, raising funds for others (100%)

ERGoodCauses was set up in 2007, by myself Russell Macmillan, a registered blind man, and a few trusted friends, following my life-saving, Diabetes and Kidney failure curing double pancreas & kidney transplant, to say thanks to God for my second chance of life, and to honour the memory of the sadly deceased organ donor, whose organs live on inside me, to help other people. “In following my own personal Christian beliefs, I have found no greater pleasure in life than to try and “Love my Neighbours” to the best of my ability. I am asking for all people to join with me in the same satisfaction of helping our own neighbours within East Renfrewshire.” All our grant requests come from trusted, trained frontline staff from teachers, doctors, nurses, health and social workers to name just a few. These people are aware of what the state can supply, so they identify additional goods that are not provided by the statutory sector. This vital “Knowledge of Need – KoN” is what drives our fundraising efforts, here in East Renfrewshire.

Please become a friend of ERGoodCauses

by signing up to a regular, monthly standing order, from as little as £5+ per month for individuals and from £25+ per month for business supporters Together we can show our neighbours that we care about them. 100% of personal donations are spent directly on good causes in East Renfrewshire

Russell Macmillan – founder of ERGoodCauses

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