

East Renfrewshire Good Causes ERGC Achievements Yr 11

First 6 Months Yr 11 Oct 17 – Mar 2018

A thanks, to all friends/supporters who helped us, Love our neighbours. Anyone wishing to join or help ERGoodCauses, can do so by contacting Russell via the following www.ergoodcauses.co.uk or info@ergoodcauses.co.uk T 0141 639 8230 M: 07714293256

East Renfrewshire Good Causes - ERGoodCauses	First 6 months Yr 11 Oct 17 - End Mar 2018	Running Totals after 10.5 Years Mar 2018
Goods/Service Given Out	£ 26,199	£ 356,260 direct
Individual beneficiaries	92 helped	1872 people helped

Above £'s figures are cash spent on “goods & services” - does not include the £ value of supplier discounts, donated time/materials etc. - often double+ the £ spend noted above.

Mar 18 – Combined with Chest/Heart/Stroke Scotland, the client and ERGoodCauses to purchase a riser/recliner chair for an adult who became mobility impaired as a result of a stroke (32%ERGC)

Mar 18 – Part funded with client and ER Carers Centre, some driving lessons to help an adult Carer of both her disabled husband and elderly mother to various hospital appointments (50%)

Mar 18 – In partnership with the family, Maxwell Mearns castle Christian Support Fund and ERGC we installed proper drainage and astro turf lawn in the enclosed rear garden – family home consists of hard working mum, dad and 3 non-verbal autistic kids under age of 8 – creates a safe play area that gives parents some respite from their substantial caring responsibilities (10%ERGC)

Mar 18 – Worked with 5 different groups/churches to cover the funding gap, after the funeral policy for deceased did not pay enough to cover all costs, leaving widow with a debt burden (8%ERGC)

Mar 18 – Clothing grant to try and help boost the self-esteem of a teenager who had been self-harming partly due to a traumatic family breakdown and being estranged from a parent (100%)

Mar 18 – 5 bags of groceries/toiletries to a minister for them to gift out to a deserving low income family within the area – loving a neighbour and making family feel cared for (0% ERGC store)

Mar 18 – De-clutter and deep clean to enable an adult who had been in hospital due to mental health issues after struggling to cope with the death of their parent and carer – this helped facilitate hospital discharge and gave a decent standard for the care workers to support (70%)

Mar 18 – Kitchen floor vinyl to make it easier for a wheelchair bound adult with muscular dystrophy to access her kitchen for cooking and being as independent as possible – (100% ERGoodCauses)

East Renfrewshire Good Causes – ERGC was set up in 2007 thanks to my life saving pancreas/kidney double transplant, which cured both my type 1 insulin dependent diabetes and the kidney failure brought on by the condition. ERGoodCauses is powered by those two organs living on inside me, and guided by my personal Christian faith, attempt to say thanks to God for my second gift of life and everyone we help, is done so in honour and memory of the sadly deceased organ donor, as without those donated organs and the divinely inspired business plan, this charity would not exist today. My genuine thanks to the hundreds of our supporters who help us Love our Neighbours in East Renfrewshire

Founder Russell Macmillan 31st March 2018

Mar 18 – Roller blinds for privacy for a young adult who is at college doing an HND despite having to live independently without any family support due to her single parent's drug addiction (100%)

Mar 18 – Mobile phone with pre-paid credit for mother living at the bedside of her seriously ill child in hospital – child was fitting and existing phone smashed when it got kicked off the bed (100%)

Mar 16 – 4 bags of groceries/toiletries given ERGC store to 2 different young "Care leavers" living independently within the community but on very low incomes – no family support (0% ERGC)

Mar 18 – iPad for a young adult with non-verbal autism and Downs Syndrome – this will enable them to communicate and create shopping lists via pictures when they move into supported accommodation within the community – also enables hobbies and recreation (50% ERGCauses)

Feb 18 – Plumber to secure leaking toilet and seal round sink to facilitate hospital discharge for a mobility impaired pensioner to return home after being in hospital with age related issues (100%)

Feb 18 – Voice activated domestic control system "Alexa" – for an adult with multiple sclerosis who is no longer able to operate basic controls like light switch, on/off radio/tv etc. (50%ERGC)

Feb 18 – Single bed and mattress to help a young man with mental health issues set up his own tenancy after spending time in a temporary homeless unit awaiting a tenancy of his own (100%)

Feb 18 – Unblock external drain to help ease the worry for a disabled pensioner who owns their own home but struggles to pay for maintenance due to low income caused by illness (72%ERGC)

Feb 18 – Car load of donated groceries & toiletries taken from our base to the Overlee House in Clarkston where these items are distributed to the many homeless in temporary flats (0% ERGC)

Feb 18 – Recreation equipment to enable an adult to join and integrate into the community after spending almost a year in hospital due to client's chronic mental health condition (100% ERGC)

Feb 18 – Double buggy to help a young family where dad is on a "zero pay work trial" in an attempt to secure a full time permanent job to support their young family – (100% ERGCauses)

Feb 18 – We gave £30 worth of groceries/toiletries plus a £10 voucher for a social worker to have everything in the house, ready for an elderly person being discharged from hospital (0% ERGC)

Feb 18 – Outdoor playhouse for an early primary school age non-verbal autistic child with ADHT to try and give parents/carers respite – child is very energetic and has challenging behaviour (50%)

Feb 18 – Laminate flooring to help a young adult with cerebral palsy set up their own tenancy – existing carpeting badly worn and causing difficulties as client is a full time wheelchair user (100%)

Feb 18 – Dehumidifier for a family where one child with complex disabilities and severe asthma, tends to become hospitalised due to chest infections especially in the winter (100% ERGCauses)

Feb 18 – Carpets/lino for flat where a single parent who suffers from bi-polar mental health condition and unable to work, lives with 3 young children – had bare floorboards throughout (50%)

Feb 18 – Underfloor heating for an area at home where a non-verbal autistic, blind child with double incontinence plays with their ear on the floor – try to help prevent repeat ear infections & provide comfort – Money from parent, Redhurst Hotel Fund, Nicol Estate agents (20%ERGC)

Jan 18 – Build cost for an outdoor playhouse which was purchased by a hard working single parent with kids with additional support needs – helps mum in her role as a carer (100% ERGC)

Feb 18 – Replaced “condemned” gas cooker for safety reasons as family were still using it – single mum with 2 school age kids - mum has successfully overcome her addiction issues (100%ERGC)

Feb 18 – Deep clean to help a vulnerable adult with long term mental health condition leading to inappropriate “hoarding” who is clearly trying to help themselves – this gives a new start (100%)

Jan 18 – Cordless phone with built in amplifier to help a mobility impaired pensioner remain confident using the phone, thus enabling them to remain independent for longer at home (100%)

Jan 18 – Three day return train fares to Glasgow & return to East Renfrewshire to enable a young adult to gain work experience (a zero hours contract) to help them into their first job (100%ERGC)

Jan 18 – Transport costs to relocate a nearly new, PET tested, very high quality donated Riser /Recliner chair to dramatically increase the comfort of a severely disabled pensioner (100%ERGC)

Jan 18 – Donated toiletries/groceries from Kirkhill School/Broom Church, down to Overlee house for homeless team to distribute to residents in 70+ “temporary homeless flats” in ER (0%ERGC)

Jan 18 – Riser recliner chair for a severely mobility impaired adult who was recently hospitalised after suffering heart failure. Chair will provide more comfort for the user and help their carer (50%)

Jan 18 – Bedroom curtains, decorating materials etc. to help a teenager return home after spending time in council care due to the single parent’s mental health condition (50% ERGC)

Jan 17 – Specialised noise reducing headphones to help an autistic teenager screen out some of the frightening noises whilst in busy places like shopping centres – increases independence (50%)

Jan 17 – Portable DVD player to help an adult in their 50’s and recovering from a major stroke, to listen to relaxation CD’s as recommended by the rehabilitation occupational therapist (100%)

Jan 17 – Bus fare for young adult to get to their first day of work – person lives in community with no family support and exists on very low benefits - hence needing a small hand from us (100%)

Jan 17 – Carpets in the house where a single parent with bi-polar mental health condition supports three children – parent unable to work due to disability which also impacts on the kids (60%)

Jan 17 – Television in the bedroom of a school pupil who now shares their room as a result of a kinship care type arrangement – one parent in the household is also severely disabled (50%)

Jan 17 – Powered orthopaedic double bed for a pensioner who requires a hoist to get in and out of bed and spends the rest of the time in a riser recliner seat due to complex medical issues (25%)

Dec 17 – Provided a plumber to find and fix a sub floor leak for a household where one adult was recovering from a transplant and another is a non-verbal autistic young adult (50%ERGC)

Dec 17 – Amplified phone from Action on hearing loss to help an elderly person with poor hearing remain independent at home instead of moving into a care home – build confidence (100%ERGC)

Dec 17 – A cordless telephone with built in amplifier bought from “Action on hearing loss” for a mid-90’s mobility impaired pensioner - losing confidence due to hearing difficulties (100% ERGC)

Dec 17 – Toiletries/Groceries and a gift card voucher to support a single mum with chronic depression trying to bring her teenage child home after spending time in a foster placement (0%)

Dec 17 – Replaced a condemned gas cooker for a family where dad has recently been made redundant but is actively seeking a new job, despite underlying mental health conditions (100%)

Dec 13 – A new bike for a teenager who lives with a new family in a “kinship care” arrangement to prevent the kid moving into council care due to the neglect due to parent’s drug addiction (100%)

Dec 17 – External handrail at the back of house for a mobility impaired pensioner to allow them to get to the bin store – local council provided a single hand rail at the front door (100% ERGC)

Dec 17 – Food/Toiletries for a young, single adult with no family who is 7 months pregnant, to help over Christmas whilst the worker establishes help from the state – we expect to provide additional items once we know what the gaps are – also gave some new donated clothes for mum (0%)

Dec 17 – Combined with the Carer to provide half the cost of a light weight folding wheelchair to help mobilise the cared for who is struggling whilst battling Cancer (50% ERGoodCauses)

Dec 17 – Combined with the family to replace a condemned gas cooker where one resident has dementia – in time for family to celebrate Christmas at home and prevent explosion (50%)

Nov 17 – Grant to social worker to purchase essential clothing etc. for a secondary school pupil in later years after breakdown in relationship with single parent – no other family (100% ERGC)

Nov 17 – Combined with East Renfrewshire Council, Mearnscastle Christian Support Fund and others to provide a wheelchair access ramp for a full time wheelchair user with multiple sclerosis

Nov 17 – a Television for the bedroom for a young carer to try and create a “chill out sanctuary” from responsibilities of being a young carer – parent struggles - multiple health problems (100%)

Nov 17 – Clothing grant for a social worker to buy basic clothing for a young woman who has fled from people trafficking/sexual exploitation scenario – fled with clothes she was wearing)100%)

Nov 17 – Recreational/hobby equipment for a recently discharged adult with enduring mental health issues resulting in multiple hospital stays as in patient – hobby to help rehabilitate and maintain living out in the community with support from psychiatric nursing team (100% ERGC)

Nov 17 – Tumble dryer with window as the constant motion of clothes drying helps a young adult on Autistic spectrum to calm down – support in their first tenancy away from mum and dad (75%)

Nov 17 – basic phone for a single mum with severely disabled child – without a phone, very difficult for health staff to contact the mum for important hospital appointments etc. (200%)

Nov 17 – Specialised footwear as recommended by Parkinson’s UK and non-spill eating bowl to help maintain as much function as possible for a pensioner with Parkinson’s disease (100%)

Nov 18 – Transported several qualities donated household goods to help a young adult become a kinship carer for younger sibling as single parent unable to manage due to drug addiction (100%)

Nov 18 – Replaced a wet floor that had been installed many years ago by local authority adaptations grant but well out with time of warranty – disabled pensioner low income (35% ERGC)

Oct 17 – Publicly accessible “defibrillator machine & stand” installed centrally for the Neilston and Uplawmoor First Responders office – can be used by general public in emergency (25% ERGC)

Oct 17 – Vinyl floor covering in kitchen/bathroom to try and help support an adult with chronic acute depression resulting in regular long stay hospital admissions to make them feel cared for by the community and break the spiral of depression partly due to environment at home (100%)

Oct 17 – Van load of donated toiletries/groceries from Kirkhill/Mearns Primary schools taken to Overlee House in Clarkston for distribution amongst people living in temporary flats (0% ERGC)

Oct 17 – Clothing grant to allow a teacher to take a pupil and purchase essential clothing – parent was evicted for non-payment of rent for a third time and only took limited possessions (100%)

Oct 17 – Amplified phone from Action on hearing loss to help an elderly person with poor hearing remain independent at home instead of moving into a care home – build confidence (100%ERGC)

Oct 17 – Purpose built KAFO's – knee, ankle. Foot, orthosis – for a teenager with Duchene's Muscular Dystrophy – allow child to maximise mobility and prevent full time wheelchair use (38%)

Oct 17 – Wheelchair power pack to enable the carer take his wife with dementia out and about thus preventing them becoming housebound – client's family contributed (24% ERGoodCauses)

Oct 17 – Supply and fit a wet wall shower area and new pipework/seals etc. to create a safe area where an aggressive autistic teenager calms down due to the constant flow of water (50%ERGC)

Oct 17 – Food and toiletries parcels to feed a middle aged adult whilst they await the benefits system to assess entitlement after a change in their personal circumstances (0% ERGCauses)

PLEASE HELP US TO LOVE OUR OWN NEIGHBOURS IN EAST RENFREWSHIRE

In order for our community to help itself and show we care, the best way to join in our effort, is to set up a regular, monthly standing order from as little as £5+ per month if you are an individual, or from £25+ per month if you are a local business.

The following bank details to enable you to set up a standing order and become a friend and supporter of our local charity – please join us – sort code 83 20 22 account number 00137460

Thank you to the following business for their support of ERGC – please join them

Eastwoodmearns Taxis – Nicol Estate Agents – Lorne Greig Website Design – Extra News Paper

Turnkey IT - Quiet Design Studio – ABC Pet Supplies - Eastwood Rotary Club

Chauffeur Tour Scotland - Curtis Moore Limited - Clarkston Toll Dental Practice

R McManus, Gas Plumbing & Heating - Glasgow Kitchen Fitters Ltd - HI-LITE Electrical Services

RJG Plumbing – GoCruise – Mearns Opticians – 1st Active Security – Avenue Shopping Centre

Cruickshank opticians - Woodstock Contracts Ltd - The Redhurst Hotel - Austin Lafferty Solicitors

ERGC Registered office 8 Blackfarm Road, Newton Mearns, East Renfrewshire, G77 5HT

Charity No. SCO38233 Company No.32271