

## East Renfrewshire GoodCauses(ERGC) Achievements Yr 9

### Second 6 Months Yr 10 - Mar 2017 to Sep 2017

**A thanks, to all friends/supporters who helped us, Love our neighbours. Anyone wishing to join or help ERGoodCauses, can do so by contacting Russell via the following [www.ergoodcauses.co.uk](http://www.ergoodcauses.co.uk) or [info@ergoodcauses.co.uk](mailto:info@ergoodcauses.co.uk) T 0141 639 8230 M: 07714293256**

| East Renfrewshire Good Causes - ERGoodCauses | Second 6 months Yr 10 Mar - Sep 2017 | Running Totals after 10 Years Sep 2017 |
|--|--------------------------------------|--|
| Goods/Service Given Out                      | £ 26,905                             | £330,061                               |
| Individual beneficiaries                     | 113 helped                           | 1780 people helped                     |

**Above £'s figures are cash spent on “goods & services” - does not include the £ value of supplier discounts, donated time/materials etc. - often double+ the £ spend noted above.**

Sep 17 – Basic household essentials like cooking pots, utensils, blinds for bedroom to try and provide dignity for a young adult with Aspergers Syndrome – state provided white goods but not other basics required to give this person any chance of maintaining first tenancy (100%ERGC)

Sep 17 – In partnership with Maxwell Mearns castle Christian Support Fund and the Hazeldene Family/Nursery Centre, we purchased an additional 30 waterproof jackets/trousers so the kids can learn/experience new things in the outdoors, despite our somewhat challenging climate (25%)

Sep 17 – transport coss to enable some secondary school pupils to visit and socially engage with residents in a care home for the elderly – in partnership with generationsworking together (100%)

Sep 17 – Laptop for a vulnerable young person to enable them to enrol in a college course and regain some self confidence after undergoing some very traumatic domestic experiences (100%)

Sep 17 – Delivered a large volume of donated food to support the fabulous efforts of some local primary school teachers who volunteer to run a “breakfast club” for less fortunate pupils (free)

Sep 17 – Short term taxi support for a single parent working as a nurse, to help get kids to and from school during a 4 week illness preventing hard working mum from driving (100%ERGC)

Sep 17 – More comfortable bed mattress for a middle aged adult undergoing chemotherapy and radiotherapy for Cancer – new mattress will make it more comfortable and show we care (100%)

**East Renfrewshire Good Causes** – ERGC ERGoodCauses was set up in 2007 thanks to my life saving pancreas/kidney double transplant, that cured both my type 1 insulin dependent diabetes and the kidney failure brought on by the condition.

ERGoodCauses is powered by those two organs living on inside me, and guided by my personal Christian faith, attempt to say thanks to God for my second gift of life and everyone we help, is done so in honour and memory of the sadly deceased organ donor, as without those donated organs and the divinely inspired business plan, this charity would not exist today. My genuine thanks to the hundreds of our supporters who help us Love our Neighbours in East Renfrewshire

**Founder Russell Macmillan 30<sup>th</sup> September 2017**

Sep 17 – New bed for a hard working, low income family who have just taken up a new tenancy – landlord treated the infestation but wouldn't replace furniture that had to be thrown out (50%)

Sep 17 – Mobile router allowing internet access for a young adult with Aspergers to continue his work placement to improve his employability skills, whilst relocating home to live with grandparents who have no internet facility in house – preventing Carer breakdown of single parent (100%)

Sep 17 – Ipad, software and training to help a blind Carer - for parents in their late 90's - to become more independent and less reliant on very elderly parents - Reversal of caring role (90% ERGC)

Sep 17 – Wheelchair power pack to help a wife (Sole Carer) to take her husband out of the house after he became immobile due to a stroke – preventing both becoming housebound (50% ERGC)

Sep 17 – Delivered a large amount of both food and toiletries from the ERGC Store to Overlee House in Clarkston for staff to distribute to our many homeless living in temporary flats (free)

Sep 17 – Gas, Electricity cards, food/basic clothing for a homeless young girl whose family relationship has totally broken down – We provide emergency basics whilst waiting for the benefits system to start providing the meagre essentials for a young person in these circumstances (100%)

Sep 17 – In partnership with the Maxwell Mearns Castle Church Christian Support fund (MMCCSF) we replace a broken washing machine for a hard working single parent nurse with several kids including 2 who have "special needs" where one suffers double incontinence (50% ERGC Causes)

Aug 17 – Provided a trained in "moving & handling" frontline worker for 15 hours to help build up the confidence for an eighty year old - had lost their confidence to go out after an operation to remove a cancerous tumour – also provides respite for the husband who is full time carer (100%)

Aug 17 – Bought 10 "Ulla – The simple drink reminder" units - remind people with Dementia to drink water - hopefully prevent hospital admission from dehydration – working in partnership to distribute these on a trial basis with the [Prevention Officer at local council \(100% ERGC\)](#)

Aug 17 – Large volume donated toiletries given over to both the ERC housing services homeless support team and also the East Renfrewshire Domestic Abuse project for distribution (0% ERGC)

Aug 17 - £50 worth of supermarket vouchers to a social worker to carry out a supervised spend for an adult with special needs – vouchers donated to us from local Maxwell Mearns Castle Church (nil)

Aug 17 – In partnership with the Scottish Government refugee resettlement programme who paid 70% of the cost of a basic TV and Laptop to help the refugee family integrate/employment (30%)

Aug 17 – Bedroom carpet, and cot to help a young family set up their own tenancy after spending prolonged time in temporary homeless accommodation whilst suitable council tenancy was found – worked with experienced social worker from Family First to oversee the spend (50% ERGC Cause)

Aug 17 – Replaced stairway carpet – existing one damaged whilst strengthening stairs in order to install a stairlift for a pensioner with mobility problems and can no longer manage stairs – currently stuck upstairs due to bathing and toilet being located there – family contributed to cost (44%)

Aug 17 – New bed and bedding to try and encourage a young teenager with Aspergers to sleep in their own bed as opposed to with the parents – severe anxiety leads to sleep issues (8% ERGC)

Aug 17 – New living room and hall carpet to replace the threadbare existing one that posed a real “trip hazard” for an elderly couple where one is quite disabled and prone to falls – they didn’t want to trouble anyone and problem only became evident after emergency hospital admission (50%)

Aug 17 – Recreational support to help a hard working family with kids of their own, who have taken on a “kinship caring role” of another child due to the child’s parents’ addiction to drugs – we try to help those who help themselves and those around them in our community (33% ERG Cause)

Aug 17 – Replaced a broken electric shower and unblocked the drain for an ex services pensioner with health issues – paid for by Maxwell Mearns Castle Christian Support Fund + other trust (0%)

Aug 17 – Bedroom carpet to replace existing soiled one – kinship caring grandparents looking after a primary school age child with various complex needs including encopresis resulting in an inability to control their bowel movements, especially whilst under any stress whatsoever (100%)

Aug 17 – Delivered over 100+ donated toiletries (soap/shampoo/toothbrushes/tooth paste etc.) for distributing via Saint Vincent de Paul to deserving individuals in need of them (0% cost ERGC)

Jul 17 – Ipad to help a primary school pupil with ASD – leads to extreme anxiety resulting in fear of leaving the house, leading to interruption of education and high level of social isolation (50%)

Jul 17 – Wet floor shower area to enable a late 30’s adult with osteo arthritis to shower as the person is unable to get into a bath due to severe mobility issue due to medical condition (10%)

Jul 17 – Outdoor clothing & items from a “required kit list” to enable a secondary school pupil to attend an outdoor activity camp – pupil recently diagnosed on Autistic Spectrum and has been struggling with school attendance due to anxiety issues surrounding their disability (100% ERGC)

Jul 17 – Large load of both toiletries and groceries taken down to Overlee house for distribution amongst the many people living in the 60+ temporary homeless flats across ER (zero cost)

Jul 17 – Ipad a registered blind adult – has offered to work as a volunteer and train other visually impaired people in East Renfrewshire on how to use the many specially designed “apps” on the ipad that give more functionality in daily living tasks – co-operation with ERC and RNIB (50%)

Jul 17 – Washing machine to help a young adult set up own tenancy after spending time in temporary homeless accommodation after being assaulted by their drug addicted parent (100%)

Jul 17 – Transport costs to allow a group of underprivileged kids attending a local state nursery, to visit some local attractions – may be the only trips these kids get during the holidays (100%)

July 17 – Funded 3 “special App’s” downloadable via the internet – these enable the registered blind or visually impaired clients, to gain functionality in daily tasks previously lost through eyesight deterioration – allow 3 people to be more independent and confident (50% ERen.GoodCauses)

July 17 – Taxi transport to take an elderly pensioner with multiple disabilities to and from a “respite break” funded by East Renfrewshire Council – volunteer driver withdrew at last minute (100%)

July 17 – Wet floor shower area for a mid 80’s pensioner with decreased mobility due to the ageing process – didn’t meet the council criteria so family paid 75% of the cost (25% ERG Causes)

July 17 - Pots/pans/crockery/blinds etc. to help a young adult set up own tenancy, after spending time homeless after the death of their single parent through drug addiction (100% ER Good Cause)

July 17 – Wet Floor Shower area for an adult mobility issues who suffered a spinal injury in industrial accident – 80% from ERC home improvement grant, 10% Care & Repair (10% ERGC)

Jul 17 – Ipad for a family where more than one member of the household is registered blind – will enable greater independence in daily living tasks - reading cooking instructions etc. (80% ERGC)

Jun 17 – Specially designed Trike for a child on the Autistic Spectrum who attends Isobel Mair special needs school – child has no sense of danger due to disability so Trike can be controlled by parent or Carer – part funded using self directed support money combining with ERGC (50%ERGC)

Jun 17 – In partnership with Giffnock Community Council, and guidance from the Neilston & Uplawmoor First Responders, we provided a Defibrillator machine and casing – will be cited for public use in Giffnock on the road to the train station near the library (26% ERGoodCauses)

Jun 17 – Replace a broken shower, new panels and sealant to fix leaks for an adult who recently retired due to health issues and lives on a low income – been in hospital for a few months and having a working shower will make it easier for Carers to help on hospital discharge (50%ERGC)

Jun 17 – Recliner chair for an adult with profound learning disabilities and is registered blind – the chair enables client to stand up on their own without care staff, thus weight bearing benefits (50%)

Jun 17 – In partnership with the Scottish Government refugee family resettlement programme, we along with East Renfrewshire Council provided a television and a computer for use by 2 separate families who have been given permanent housing within our local ER area (37% ERGoodCauses)

Jun 17 – Single bed, bedding and some clothing to help support a “Kinship Carer” arrangement where a child is having to stay with relatives due to the chaotic lifestyle of mother (100%ERGC)

**Jun 17 – Laptop with built in DVD drive for use by a teenager with Autism, moderate global developmental delay, who attends Isobel Mair special needs school (50% ERGoodCauses)**

**Jun 17 - £50 worth of donated supermarket vouchers to a family home where single parent is disabled, ex services (medically retired) - doing great job bringing up the children (0%)**

**Jun 17 – Helped towards the cost of a school trip to ensure a young carer was not excluded from their peer group as a result of low income going into the single parent house (16%)**

**Jun 17 – Create a business website/social media presence for a person with a diagnosed mental health condition – clearly trying to help themselves by setting up a business to create employment – worked with Renfrewshire Assoc. for Mental Health RAMH (100%)**

**May 17 – One years mail redirection cost to prevent a dementia patient living alone, from suffering any further financial loss due to being targeted by mail scammers – redirection will buy enough time to get fraud prevention systems in place (100% ERGoodCauses)**

**May 17 – Approximately £400 worth of donated groceries/toiletries to the ER Council homeless team at Overlee, for them to distribute amongst the many families/individuals living within the 60+ temporary homeless flats/houses across East Renfrewshire (Nil cost)**

May – In partnership with Enable, we provided a television and basic household items to help a young adult with Aspergers syndrome, set up own home with support in the community (50%)

May 17 – Ten hours of house cleaning via KMT Cleaning (one of our business supporters) over a few weeks to help an adult Carer look after his wife who underwent Bone Marrow transplant (50%)

May 17 – 10 hours of “play therapy sessions” for an autistic secondary school pupil with mental health difficulties, who has been self harming – break the cycle & re-engage schooling (75%)

May 17 – ERGoodCauses combined with clients family, Maxwell Mearns castle Christian Support Fund to purchase a specialist trike for an autistic child with no sense of danger – the bike allows the child to join in whilst parents/Carers are able to manage the risk more safely (30% ERGC)

May 17 – Specialty designed level floor covering, suitable for use by a child who is full time wheelchair dependent – local authority part funded with remainder from family/us (20% ERGC)

May 17 – Contribution towards the cost of recreation break for 2 adults with learning difficulties who are living independently with support in the community – help build their confidence (100%)

May 17 – 2 bags of groceries/toiletries and £30 of donated supermarket vouchers to an individual in hardship living independently with the support of the community mental health team (Nil cost)

Apr 17 – Fridge/freezer to replace broken one for a single mum with 3 young kids all under school age – unable to return to work due to child care costs until kids reach nursery age (50% ERGC)

Apr 17 – Provided a powered sports wheelchair to enable a full time wheelchair using adult with physical disabilities to take part in his favourite sport and prevent exclusion (18% ERGoodCauses)

Apr 17 – Tailor made wig with real hair and moulded to individuals head size for a young adult with alopecia and aspergers – wig helps boost confidence and prevent exclusion – combined with family, Cartsbridge Evangelical Christian Support Fund and ERGoodCauses to fund (25%ERGC)

Apr 17 – Posters, printing art type equipment, colouring pencils crayons etc. to enable several local groups to come together and have kids/adults/elderly mixing together for a few inter generational events throughout ER in May 17 – help reduce social isolation in elderly (100%)

Apr 17 – Wheelchair power pack to enable wife/carer to take outside house - recently retired gent who suffered major stroke resulting in being unable to walk more than a couple of steps – 3 way split between family, Maxwell Mearns castle Christian Support Fund and ERGoodCauses (33%)

Apr 17 – Microwave/crockery, etc. - adult with life threatening heart condition severe depression - self neglected and had to be hospitalised for treatment – sibling living abroad paid to have the house deep cleaned so we renewed the items that were thrown out as a gesture of care (100%)

Apr 17 – Provided toiletries and non perishable food items so a hospital discharge patient suffering from mental health issues, comes home to basic items in the house – zero cost ERGC store

Apr 17 – Donated easter Eggs that we delivered to Overlee House for the staff team to distribute amongst the many different homeless people living in temporary homeless flats across ER (0%)

Apr 17 – Plane ticket for a Carer to enable an adult with learning difficulties who lives alone to travel to visit an aunt and stay for a holiday – client has no surviving family in this country (50%)

Apr 17 – Lino for kitchen and bathroom for a young single parent with new born baby – just moved into new tenancy and are being supported by East Renfrewshire Council Social Work dept. (50%)

Apr 17 – Carpet/lino - help a middle aged adult with severe epilepsy & mental health issues - set up own tenancy as remaining parent becoming elderly - unable to provide proper care (100%)

Apr 17 – Combined with Maxwell Mearns castle Christian Support Fund, Muscular Dystrophy charity and client, to purchase a “Riser Function” which is fitted to the NHS supplied electric wheelchair which enables client to “rise from sitting to standing” – this extra function is not provided by NHS – recently retired adult with rare form of muscular dystrophy (28% ERGC)

Apr 17 – Basic entry level cooker and fridge freezer for a single parent family with new baby and young child – was left with no cooker or fridge as couldn't keep up repayments to hire purchase on both items due to change in family circumstances at same time of maternity pay running out (50%)

Apr 17 – Donated electric recliner chair which a local electrician PET certified at no cost, which enabled us to gift it to an elderly pensioner making it easier for them to remain at home (0%)

Apr 17 – A telephone with built in amplifier supplied by Action on Hearing Loss to help an isolated pensioner with poor hearing, to communicate and remain living at home (100% ERGoodCauses)

Apr 17 – Worked in partnership with the local Age Concern Eastwood Dementia centre, known as “the stables” to replace 8 outdoor wooden benches for use by the visiting clients (50% ERGC)

Apr 17 – Waterproof mattress for a housebound adult with both physical and mental health issues – has very poor mobility leading to morbid obesity and suffers from continence issues (75% ERGC)

Apr 17 – large collection of donated toiletries and non perishable food stuff to Overlee House in Clarkston – working in partnership with ERC homeless team & support staff to distribute amongst the many homeless residents living throughout ER waiting for a tenancy of their own (0%ERGC)

Apr 17 – A telephone with built in amplifier supplied by Action on Hearing Loss to help a pensioner with poor hearing after a stroke, to communicate and remain living at home (100% ERGCauses)

### **PLEASE HELP US TO LOVE OUR OWN NEIGHBOURS IN EAST RENFREWSHIRE**

In order for our community to help itself and show we care, the best way to join in our effort, is to set up a regular, monthly standing order from as little as £5+ per month if you are an individual, or from £25+ per month if you are a local business.

The following bank details to enable you to set up a standing order and become a friend and supporter of our local charity – please join us – sort code 83 20 22 account number 00137460

### **Thank you to the following business for their support of ERGC – please join them**

Eastwoodmearns Taxis – Nicol Estate Agents – Lorne Greig Website Design – Extra News Paper

Quiet Design Studio – ABC Pet Supplies - Chauffeur Tour Scotland - Curtis Moore Limited

Clarkston Toll Dental Practice - R McManus, Gas Plumbing and Heating - W Munro (Rehab) Ltd

Glasgow Kitchen Fitters Ltd - HI-LITE Electrical Services - RJG Plumbing and Heating – GoCruise

Woodstock Contracts Ltd - The Redhurst Hotel - Austin Lafferty Solicitors

**ERGC Registered office 8 Blackfarm Road, Newton Mearns, East Renfrewshire, G77 5HT**

**Charity No. SCO38233    Company No.32271**